

Sunday 21st June

Reading: Adapted from Matthew 10:24-39

Jesus summoned the twelve and sent them out with the following instruction: 'a disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master.

Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

Whoever does not **take up the cross and follow me** is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.'

Activity...

1. Find some stones and pebbles and make a **trail** from one place to another, this will be particularly good if you can go into a **garden**.
2. Do you have a favourite doll or figure? **Help your doll or figure to jump from stone to stone** and so follow the path you have set out.
3. If you have happen to have some Sharpie pens or paints you may like to **decorate the stones** like the ones in the photograph...
4. Take a **photo** of your pebbles and trail and send it to us please!

